Cerridwen's Cauldron

Inspiration & Visions for new Paths of Life



A magic trip to Ireland with Ulla Janascheck 01.09. - 09.09.17



... in Donegal



During the workshop we will connect with Cerridwen's special power in our dream state of mind. We will be inspired and awaken an inner vision for new paths into a happier and more content life.



We will be enchanted by Donegals unspoilt landscape, the drum, the endless beaches, the capaciousness of the skies, the seven sisters mountains and the atlantic. We'll tune in and expand beyond the veils of time.

The celtic goddess Cerridwen, the crone is giving her magic energy to those who are looking for regeneration, transformation and new paths in their lifes. She is stirring the primeval soup in her three-legged cauldron and flavouring it with the seven herbs of wisdom. She knows all about the power of the sea, the lakes, the rivers – the water. As mirror woman she is donating inspiration and visions to those who are following her traces.



We will be visiting nature's ancient energy places and will be waving a net of subtle energy so we can gain inspiration, happiness and fullfillment. We are following Cerridwen's light on the wild paths along the Irish coast.



Signposts to Donegal



At Dublin airport take the bus Bus to Letterkenny or Creeslough. 3 $\frac{1}{2}$ hours later, after a beautiful journey across the island I will collect you at the bus station.

We will be a small women group from three to seven participants and will be cooking together. The first and the last day of the journey is reserved for arrival and departure only



Luggage

Often September is wonderful in Donegal. However, winds and weather are changing quickly. Bring waterproof shoes, a head band or hat and a raincoat.

For further information please contact me personally.



We are visiting the Beltany stone circle and will be listening to the fairy whispers and songs. We will go where the winds want

We will go where the winds want us to blow, we will be travelling on the fairy's fine hair.



When: 01.09. - 09.09.17 Where: Heather View Carrigart, Co. Donegal, Ireland Workshop, accomodation, food, car rental: € 1060 €

Flights, petrol, alcoholic drinks are not included in the fee.





Our house is overlooking the sea and near magical Ard's Forest Park with its many wonderful little beaches. Accomodation in single rooms if requested.

Registration:

Ulla Janascheck, Groß-Gerauer Str. 9, 65468 Trebur Tel.: 06147/9357198, email: <u>ulla.janascheck@gmx.de</u>



Ulla Janascheck

About me ...

I studied design – astrology – trained as a psychotherapist – advanced training in Focusing by Gene Gendlin

For more then 30 years I am exploring the fields of female spirituality – myths – matriarchy – natural religions – ritual – holistic medicine

I do personal counselling, also by phone or skype, women workshops and wild herb walking tours. I published seven books, one more is to come at the end of this year, and I write articles about alternative medicine for different German magazines.

I lived in Donegal for ten years.



Books:

Transit-Tagebuch, Chironverlag 2000 Erlebnisraum Astrologie, mit Fantasie durch den Tierkreis reisen, Chironverlag 2001 Gezeiten der Göttin, mit Mond, Mythen und Märchen zur weiblichen Kraft, Heyne 2002 Göttinnenzyklus, von weisen Frauen, ihren Künsten und Wirkstätten, Arun 2003 Krisengeschenke, vom kreativen Umgang mit Loslösung und Neuorientierung, Arun 2005 Kessel, Ofen Feuer, köstliche Rezepte zum Feiern der Jahreskreisfeste, Arun 2006 Hexenwerk, Wildkräutersammelsurium rund ums Jahr, Freya, 2016 Dreizehn Monde, Heilpflanzen, lunare Kräfte und Reisen ins Land der Seele, Freya 2017